

men  
transforming  
men

BUILDING  
THE NEXT  
**FIVE**  
GENERATIONS  
AUSTRALIAN  
**OF**  
**WOMEN**



[www.mtmaustralia.org.au](http://www.mtmaustralia.org.au)



# men transforming men

## Who we are

**MTM Australia was established in 2003 as a Christian based not for profit charity with a vision to reach out and assist men and their families.**

**MTM is all about people and their journey. This guides everything we do: relationships are always at the centre. MTM is not about religion but about authentic masculine spirituality. There's a gentleness and depth of spirituality, grounded in a healthy masculinity, that pervades every conversation and activity.**

MTM is a safe place for men to discover their true selves, a ministry that helps men recognise their brokenness and gently rebuilds identity through a journey of wisdom. MTM refuses to buy into the smoke and mirrors of 'success' that current culture dictates. Rather, truth, wisdom and freedom are pursued. Men are inspired, their drive and passion harnessed for good rather than being tamed and patronised. It's all in a bid to see more Australian men– and their families, business and communities– transformed. This vision will take time so MTM is committed to the ***next five generations of Australian men.***

### **MTM's collaborative approach includes services provided via:**

- MTM community centre at Taringa providing counselling, spiritual direction and resources
- Brookfield training facility for facilitated group work
- Collaboration with other providers for group work and presentations
- Initiation and coordination of presentations and forums by international speakers
- Men's Rites of Passage



on the wisdom journey



# australian men today

## Our Challenge

**From research and personal experience we know that the key issues facing men today include:**

### Connection

Many men are feeling increasingly disconnected these days... disconnected from themselves, from their families and friends... from everything that is dear to them in life. Disintegration of the traditional family unit leading to more marriage breakdowns, skyrocketing suicide rates in men, rising drug and alcohol addiction, workaholism, drivenness – all point to one thing; our men are in crisis. Many men feel lost, alone, confused, and unable to cope with the demands of life.

### Identity

Many men are unsure of their roles in life and in relationships. Many are struggling with determining their life direction, and are encouraged to base their self confidence in the self image they get from their job. Many men are not sure what is expected of them whether it be at work, at home with their family, or with other male friends.

### Relationships

In our busy world men are now expected to play a number of roles quite different from those of their fathers. The changing expectations of relationships provides both challenges and opportunities for greater intimacy with partners, closer relationships with our children, and the formation of true friendships.

### Fatherhood

The role of fathers is dramatically different from a generation or two ago and the old role models of manhood don't seem to

fit today. Many men feel disconnected from their children, particularly their sons, and are looking for a way to develop a stronger bond with their children but often don't know where to begin.

For men, our relationship with our father is a crucial element of our identity and significantly determines how we in turn father our children. Many young men today are growing up with no father figure or significant male role model to provide positive support and guidance. Boys raised in fatherless homes are significantly more at risk of dropping out of school, abusing chemicals, and ending up in prison.

### Spirituality

What is male spirituality? Many men are disillusioned with traditional religion and are looking for a spirituality that connects them with something greater. Many men are seeking the internal driver that adds meaning to their lives and assists them in answering the fundamental questions of 'what does a man do with his pain?' and 'what does a man do with his power?'

### Midlife transition

Most of us have heard of the midlife crisis. For men midlife can be a time of considerable challenge, pain and confusion. The rules of early life somehow don't seem to fit or prepare us for the second half of our lives. What feels like a scary place of insecurity and confusion can also be an opportunity for positive change in a man's life, provided he approaches it with wisdom and faith.

**a vision for the next five generations of Australian men**

## TRAINING INTERNSHIPS

By offering training internships we are assisting in the development and education of men who wish to focus on challenges facing men today. Many interns continue to have an ongoing relationship with MTM either as counsellors, group members or mentors.

## COUNSELLING AND SPIRITUAL DIRECTION

MTM provides counselling and spiritual direction for individuals, couples and families. Services are provided by a qualified professional team of counsellors/Spiritual directors who are themselves taking the wisdom journey and can share from their own life experience.

## FACILITATED MEN'S GROUPS

Delivered as part of the MTM training school our men's groups focus on spiritual development, fellowship, mentoring and connection. Our weekly groups explore the key issues relevant to men today from a spiritual perspective, including Contemplative Prayer. Our groups focus on the work of recognised authorities in the field of men's work and male spirituality. We also run regular men's breakfasts which are attended by 20 – 30 men.

Once a year MTM conducts a Men's Rites of Passage (M.R.O.P.) for men who are ready to further embrace their masculinity in a positive and spiritual way. The M.R.O.P. is a week long men's camp that provides an opportunity for deep sharing, exploring authentic masculinity, grief, relationships and a personal confrontation with the challenges of authentic male initiation.

on the wisdom journey

What we  
are doing

mtm  
community  
action

mtm  
resources  
centre



CURRENT  
AND FUTURE  
PLANS

## MTM COMMUNITY ACTION

We are keen to collaborate with other providers in the area of spiritual men's work and regularly:

- Present information sessions and presentations to men's groups
- Attend events organised by other men's organisations

## MTM RESOURCES CENTRE

MTM provides access to a wide range of materials on men's issues from our business centre at Taringa. We have a wide range of CD's / DVD's, books and other materials that focus specifically on men's issues from a spiritual perspective.

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## Our plans for the future

**MTM has a number of key initiatives for the future these include:**

- A dedicated Community Centre, complete with rooms for counselling and spiritual direction.
- A dedicated training facility for group work.
- A residential building for up to 12 interns.
- A Production / Business Centre for resources and Professional business development and funding.
- A Market garden for community interaction and participation.
- A dedicated bush chapel for reflective practice and worship.



on the wisdom journey

in the future

Dear friends and supporters of MTM,

Building the next five generations of Australian men will take faith, commitment, dedication and finance.

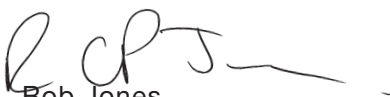
- **Faith:** that what God started will bear much fruit.
- **Commitment:** Men's work is not for the faint hearted. God has raised up, and continues to raise up, committed men and women from many backgrounds and denominations, whose hearts are aligned to assist men and their families to see positive change in our community and nation.
- **Dedication:** To complete the mission it will take the dedication and assistance of many people like you and me.
- **Finance:** Adequate funding not only for the staff but also the infrastructure needed to multiply the work.

Please prayerfully consider how you could help build the next five generations of Australian men and their families.

It all starts with a vision.

May the journey continue.

Peace to you



Rob Jones

CEO MTM Australia

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a vision for the next five generations of Australian men

we need your help

## Join us NOW

**MTM is a non-denominational Christian based charity open to all. It was founded by it's current CEO Rob Jones and is administered by a board of directors. You are invited to join our vision for building the next five generations of Australian men and you can support us in the following ways:**

- Accessing any of the activities mentioned in the brochure. Please make bookings and enquiries to the contact details provided.
- Quarterly updates – register to receive one of our quarterly updates which will keep you updated on our progress and enable you to play a role.
- Corporate sponsorship – may include advertising in our newsletters, accessing our services such as training and counselling etc
- Making a bequest
- Volunteer work – we have opportunities for volunteering in a range of activities including office administration, event management and technical support.
- Financial assistance – we welcome one off or monthly donations.

MTM Australia  
 Suite 5a, 1 Swann Rd, Taringa Qld 4068  
 Mail to PO Box 85 Indooroopilly Qld 4068  
 Phone: 07 3876 8710  
 Fax: 07 3876 8710  
 Email: admin@mtmaustralia.org.au  
 Web: www.mtmaustralia.org.au

Donations to MTM Australia  
 Commonwealth Bank  
 ABN: 46 109 382 809  
 bsb: 064 178  
 Account Number: 1020 8798  
 MTM is a registered charitable institution  
 Certificate Number: CH1532



RESPONSE FORM

THE NEXT  
**BUILDING FIVE GENERATIONS OF AUSTRALIAN MEN**

NAME \_\_\_\_\_

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I would like to make a one off donation.

I would like to become a regular donor.  
 Please charge my credit card monthly. \$ \_\_\_\_\_

MasterCard     Visa

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Expiry Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Signature \_\_\_\_\_

