

M A L E s



Men As Learners and Elders

# MTM 2012 men's groups

**WHEN:** Every Monday night  
(except public and school holidays)

**WHERE:** The Brookfield Centre,  
139 Brookfield Road, Kenmore Hills.

**START TIMES:** Tea and coffee from 7pm,  
groups from 7:30pm.

**COST:** \$10.00

## SHARING GROUP

This open group (join any time) is for men who are new to men's work, are coming to MTM for the first time, and / or wish to simply share and listen. It provides a safe space for men to share whatever is happening for them in their lives, to talk and be heard. Facilitators will also provide guidance on the male spiritual journey and the work of MTM generally.

## 'CONTEMPLATIVE / CENTERING PRAYER' GROUP

This open group is for men who wish to continue to a deeper spiritual journey. It encourages a contemplative prayer practice and deeper self-exploration and spirituality.

## TOPIC GROUPS

These groups focus on specific topics including:

- Male initiation (Feb/March)
- Fathers and sons (April / May)
- 5 Promises of Male initiation / preparation for men's rites of passage (July/Aug)
- Men and Grief (Sept/Oct)
- Real Men - authentic masculinity (November)

## 'JOURNEY OF ILLUMINATION' SMALL GROUPS

These small groups provide an opportunity for men who have completed the men's rites of passage to focus on specific life issues, to share their deepening spiritual journey and to participate as mentors and facilitators within the other groups.

## What is MTM?

MTM is a not for profit organization dedicated to supporting men in the community through counseling, training programs and facilitated group work.

### OUR SERVICES INCLUDE:

- Training courses for men on relationships and life issues.
- Counseling for men and their families
- Men's groups
- Quarterly men's breakfasts featuring a speaker on men's issues.
- Men's Rites of Passage.



on the  
**WISDOM  
JOURNEY**

### MORE INFORMATION:

For more information on MTM activities and services please contact us at MTM, Unit 2, 17 Bluestone Circuit, Seventeen Mile Rocks, QLD 4073.  
**E-MAIL** [admin@mtmaustralia.org.au](mailto:admin@mtmaustralia.org.au) **WEBSITE** [mtmaustralia.org.au](http://mtmaustralia.org.au)

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